

BOMPROOF

*A Weekly Paper Devoted to the Interests
of U. S. Army General Hospital No. 18*



THE REVEREND JOHN B. MULLIN
Chaplain U. S. A. General Hospital No. 18

Vol. 1. No. 31

Published by and for the Enlisted Men
of U. S. Army General Hospital No. 18

Feb. 15, 1919

THE Post Exchange

This week is offering some
rare bargains in

Cigars and Tobacco

INQUIRE ABOUT THEM

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General Hospital, No. 18, Waynesville



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Excellent food and modern accommodations at reasonable prices
Open the year around. Only 15 minutes' walk from the
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Waynesville, N. C.

PHONE 114

NEXT TO POST OFFICE

WE GOT IT! What?

That which pleaseth both man, woman,
boy and girl

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You will find them all--at Post Exchange--
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Buck Range

the equipment is incomplete. Come in and see our new shipment of Buck Stoves and Ranges.

—o—

Sloan-Plot Hardw Co.

PHONE 133

BOMB PROOF



Published Weekly

Vol. 1 No. 31

Waynesville, N. C., February 15, 1919

Price 5 Cents

24 Patient Nurses Go to Wadsworth

Party Leaves Waynesville for Southern Base Hospital Amid Rice and Sighs

The first big break in our diminishing ranks came this week with the departure on Wednesday morning of the patient nurses, 24 in number, for the Base Hospital at Camp Wadsworth, S. C. Under authority of a letter from the Surgeon General's office dated Feb. 1, and of telegraphic instructions of February 3, the party left Waynesville in a special Pullman car, to arrive at the South Carolina camp that same evening. The patients were accompanied by Major Walter H. Watterson, chief of the Medical Service, Captain Samuel C. Buck, Ward Surgeon of the Nurses' Ward, Miss Rita Pinney, head nurse of the Nurses' Ward, and Miss Ruby Hickman, and by Privates Joseph Shostak and John O. Eidman, as medical attendants. All of those named will return, upon the completion of the duties of the journey, to their proper stations at this post.

The departure was a happy one, and many hospital and town people were at the station to see their friends leave. The bed patients were carried to the station on stretchers and placed in their berth through the windows of the Pullman. All stood the preliminaries nicely. Flying rice and old shoes were showered upon the departing ones, as symbols of good luck and good wishes.

At Canton the Hawaiian players who performed here this week got on the train and were obtained by Mrs. J. W. Reed for an impromptu concert which was hugely enjoyed by the girls. In Asheville an excellent luncheon was served by the Red Cross,

NEW POLICY FOR RED CROSS HOUSE

Changes in the schedule of hours for the use of the Red Cross House and other new arrangements in the conduct of the recreation center have been announced. All organizations will have equal privileges within the building. Lieut. James L. Anderson is appointed as military officer in charge and will represent the Commanding Officer in any necessary arrangements or scheduling of events.

The new schedule calls for moving pictures on four nights a week. On Monday and Friday the pictures will be under the auspices of the Y. M. C. A. and on Tuesday and Thursday the Red Cross will have charge. Wednesday will be a quiet evening. The dances will be open to everyone on every other Saturday evening, and the in between Saturdays will be for the officers and nurses. Other features of the schedule remain as before.

following which the party was taken in autos for a trip around Asheville.

The patient nurses have made multitudes of friends by their cheerfulness and agreeable personalities while at the hospital, and reaped their reward in the regrets that were heard on every hand at their going. Following is a list of the patients transferred:

Nurses—Nona Donovan, Anne McNulty, M. Lucy Webb.

Reserve Nurses—Cynthia Richardson, Charcie Davenport, Marie A. Duval, S. Mabel Henderson, Inez E. Johnson, Glo N. Redding, Frances J. Sherman, Margaret M. Davis, Edna Fritz, Christine B. Holmes, Edith M. Palmer, Mary J. Regan, Eva Waters, Ella M. Deeks, Juel A. Dillon, Helen N. Gillece, Dora B. Haga, Nell E. Pettus, Alice D. Renfrew, Mabel P. Watson, Doris M. L. Wilson.

All Patients to Leave Next Week

Orders in for Stretcher Cases to
Azalea, Others to Wadsworth—Break-up Near

With the departure of the patient nurses, and the receipt of orders for the enlisted patients, the actual break-up of General Hospital, No. 18, is not far distant. Telegraphic orders were received Thursday for the transfer of all stretcher cases among the enlisted patients to U. S. A. General Hospital, No. 19, at Azalea, N. C., and for all the remainder to be sent to the Base Hospital at Camp Wadsworth, Spartanburg, S. C. The work of transfer will be begun as soon as possible, probably the first of next week, and by the end of the week, it is expected that the hospital will be practically emptied of patients.

The future of the hospital organization itself is still uncertain, although it is possible that the majority of the members will go to Camp Wadsworth. But as yet no definite instructions regarding either officers, Detachment men or duty nurses have been received. The Quartermaster has received inquiries from Washington regarding available motor transport facilities, and the buying of all supplies has been stopped. All of which seems to indicate that our days in the "Land of the Sky" are numbered.

Major Watterson's Son Injured.

Robert, the eight-year-old son of Major Walter H. Watterson, recently fell and broke his collar-bone while skating. He was taken to the Swedish Hospital, Chicago, but has improved sufficiently to go home, and is now recovering rapidly. The little boy is well known at the hospital, having visited here for some time.

UNIFORM REGULATIONS FOR ENLISTED MEN

Regulations definitely governing all questions pertaining to uniform and dress for the enlisted men of U. S. A. General Hospital, No. 18, have been issued by order of the Commanding Officer. A few of them are new here. Of special interest is the rule that non-commissioned officers of the grade of sergeant or above may wear spiral puttees. These may also be worn as well as overseas caps by men who have seen overseas service. Blouses must be worn at all times off the post, boots may be worn inside the post, and sweaters must never be exposed. The regulations follow:

First—The issue field hat with cord of organization is to be worn at all times. The overseas cap may be worn by men having seen overseas service.

Second—The woolen O. D. breeches and blouse will be worn at all times except that the O. D. shirt without blouse may be worn within the limits of the post.

Third—The U. S. button will be worn at all times and the collar may not be worn outside the blouse collar and folded over it.

Fifth—Non-commissioned officers' chevrons without corps insignia will be worn on the right sleeve midway between the elbow and shoulder.

Sixth—The silver service chevron will be worn on the left sleeve, midway between the elbow and wrist, by all enlisted men who have served for six months during the present war outside the theatre of operations, and an additional chevron for each six months of similar service thereafter.

Seventh—The gold chevron will be worn in the same position by all enlisted men having served six months in the theatre of operations, and an extra chevron for each six months thereafter.

Eighth—The blue chevron will be worn in the same position by men having seen three months' service in the theatre of operations. In no instance will chevrons of two colors be worn.

Ninth—Immediately after discharge a red chevron inverted, will be worn on the left sleeve midway between the elbow and shoulder.

Tenth—The blouse will be worn buttoned at all times.

Eleventh—Spiral puttees may be worn by non-commissioned officers above and including the grade of sergeant, and by enlisted men who have seen active service overseas. Canvas leggings will be worn by all others.

Twelfth—Only Quartermaster shoes

Rubber boots may be

OFFICERS' NOTES

1st Lieut. Jacob H. Rozzelle, M. C., has received his discharge, and will shortly return to his practice in Salisbury, N. C. While at the hospital, Lieutenant Rozzelle has been urologist, ward surgeon of the isolation ward, and recently police and sanitary officer. He is also well-known in the land of the sky as a mighty Nimrod, and with his pair of bird dogs has frequently tramped the hills in search of game. Before returning to his home he left for a week's hunting trip in the mountain country.

Major Daniel W. Young was called this week to Asheville for the completion of his duties as Judge Advocate of the General Court Martial sitting at Biltmore.

CHAPLAIN MULLIN

Chaplain John B. Mullin is a native of Boston, Mass. In that city he received his early education and made his final studies in preparation for the ministry. He completed courses at Boston Latin School, Boston College, and St. John's Ecclesiastical Seminary. After ordination he was engaged in parochial work as assistant at St. Paul's Church, Cambridge, Mass. In July, 1918, he was commissioned chaplain. During the past five months Chaplain Mullin has been a member of the staff of General Hospital, No. 18, and now that Chaplain Roeboro has left, Chaplain Mullin's duties have been greatly increased.

LARGE SUMS RECLAIMED

During the month of December, 1918, the Salvage Division received and returned for re-issue 1,382,397 articles of government issued clothing and equipment. From the disposition of waste materials, the sum of \$309,964.40 was realized, and \$82,629.83 worth of waste was turned over to various military organizations for further use, making a total of \$392,594.23.

worn in inclement weather within the limits of the post, but will not be worn outside the post.

Thirteenth—Under no circumstances will the sweater be worn exposed. If worn without blouse, sweater must be underneath shirt.

Fourteenth—The regulation overcoat will be worn when necessary and when worn, will be buttoned throughout.

LETTER TO MAJOR WATTERSON DESCRIBES GERMAN TRENCHES

In a letter received recently by Major Watterson, Chief of the Medical Service of this hospital, from one of his former staff, Major Adam L. Szwajkart, of the Polish Army, is given a fine description of the condition of the German trenches. This letter was written in France from one of the few Polish Army camps.

Dear Major Watterson:

A few days ago I embarked on a rather unusual expedition and if you will permit me, I will present you with a short resume, for my experiences were rather out of the ordinary.

Accompanied by a very good friend of mine, the young Count de Boisglin, we left our "popote" at 6 a. m. and rode on horseback as far as was possible without tiring our horses excessively. We rode towards the territory recently occupied by the Boches, with the intention of seeing their defensive works. On the way, we sent back our horses and caught a courier, riding as far as was possible. Near a certain village a mine in the road blew up, disabling our car, and fortunately, no one was severely hurt. I escaped through a miracle without a scratch, but we were forced to proceed on foot. Along our way, were numerous villages totally destroyed—nothing left but a pile of smoky stone, the road torn up by mines, the trees split by rampant shells and enormous shell craters full of stagnant water. We had to walk about 20 kilometers toward the enemy lines and as we approached them, the desolation grew more and more awful.

Crossing "no man's land," which was frightfully plowed up by the bursting of shells, we came to the first lines of ugly barbed wire. There were three of these lines before the first line of trenches and they were deep and of a formidable construction. Before this defensive line of barbed wire the French engineers had uncovered a whole field of buried mines which were to explode in event of the allies using tanks.

There were five lines of trenches and they were certainly well constructed. They were deep and dry, for they were well provided for with drains underfoot and with roofs that shed rain and snow. The trenches contained elevated platforms for snipers and observatories and for throwing hand grenades and concrete lined machine gun nests. The trenches extended on and on for many a mile,

(Continued on page 12)

Food and Health

(Ed. Note.—The following article is the conclusion of a series begun in the issue of December 21, and is contributed by Chief Dietician of U. S. A. General Hospital, No. 18).

III.

When planning a menu, the economic as well as the nutritive value should be thought of. When the rela-

tive cost of animal and vegetable food comes to be considered, there can be no doubt that vegetable food is the cheaper. This not only applies to carbohydrate and fats, but to protein as well. The following table will show the relative composition and cost of 100 calorie portions of some protein foods:

	Amount	Protein	Fat	Carbo-hydrates	Cost
Sirloin Steak	1 ounce	6.87	8.06	.	.03
Beans	2 tablespoonfuls	6.53	0.52	17.30	.005
Milk	5-8 cup	4.76	5.78	7.22	.019
Eggs	1 1-3 egg	9.05	7.09		.05

From this table it can be seen that the food which furnishes animal protein is deficient in carbohydrates. This necessitates serving some starchy food with it, as potatoes with meat. In the same way the foods furnishing vegetable protein are lacking in fat. Consequently we serve pork with beans.

The value of milk as a food is not appreciated by many people. It con-

tains all the food compounds necessary to support life in remarkably good proportions. It is sometimes called a perfect food for infants and is especially suited to the needs of certain classes of invalids and sedentary persons.

Carbohydrates and fats, although similar in composition, vary in cost. The following table will show this to be true of fats. One hundred calorie portions are indicated:

	Amount	Protein	Fat	Carbo-hydrates	Cost
Butter	one tablespoonful	0.13	11.05		.018
Olive Oil	one tablespoonful		11.11		.046
Bacon	two slices	1.66	10.37		.06

Perhaps in the near future we will all be buying our food by calories, not by pints or pounds. The following is a "regular diet," from U. S. General Hospital, No. 18, giving the number of calories in one serving and the cost of the same.

Full Diet

Breakfast, 615

Oatmeal, 100; bread and butter, 240; bacon, 62; browned potatoes, 83; coffee, 60.

Dinner, 957
Roast beef, 236; boiled potatoes, 166; green peas, 60; bread, 160; chocolate pudding, 275; tea, 60.

Supper, 942

Macaroni and cheese, 287; cole slaw, 165; bread and butter, 240; cocoa, 190; apple butter, 60.

Milk three times a day, 438.

Total calories, for day, 2,952.

Cost of ration, 68 cents.

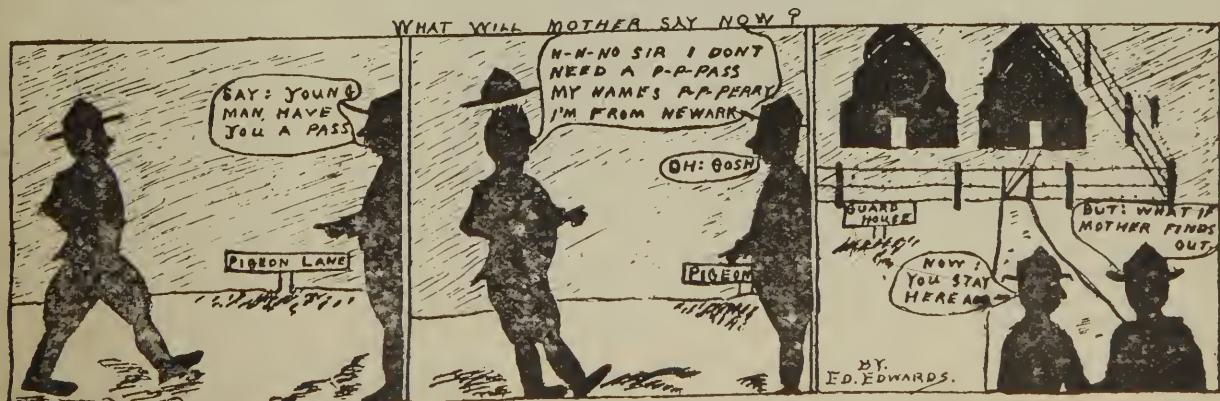
"WE'RE ON LIGHT DIET"

The following are the verses of the song, "We're on Light Diet," which made such a hit at the Nurses' Minstrel show:

There's a land I know,
Where the sunsets glow,
And the hills are fair to see,
It's the only state,
Out of forty-eight,
Where the sky looks good to me,
But it's simply grand
Just to shake the hand
Of each soldier boy I know
And we're mighty proud
Of our Waynesville crowd,
And we want the world to know.

We're in the army,
We're in the army,
And there's nothing quite so fine,
As this T. B. camp sublime.
We're in the army,
We're in the army,
'Round 18 our heart strings twine,
'Tis the land of peace and plenty,
And work and good times, too,
And you'll hear of some improvements
Before the winter's through
Colonel Bushnell surely did well,
When he sent us Major Turnbull,
'Cause he's for the army too.

We're on light diet,
We're on light diet,
And there's nothing quite so fine
As those scrambled eggs of mine.
We're on light diet,
We're on light diet,
'Round the mess hall we all line—
We get coffee, tea and cocoa,
And milk and egg-nogs, too,
And soup and toast and oatmeal,
Before the day is through,
But it surely beats the dickens,
Where they get their eggs and
chickens,
'Cause they're on light diet, too.



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Interests of U. S. A. Gen-
eral Hospital, No. 18

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Waynesvile, N. C., February 15, 1919

HAIL AND FAREWELL!

Although nothing can ever be stated for a certainty, it is probable that the present will be the final issue of BOMB PROOF at U. S. A. General Hospital No. 18, Waynesville, N. C. Whether the hospital will be transferred as an organization to Camp Wadsworth, and the paper go with it, resuming publication in a short time, is open to conjecture. But whatever happens, it is never inopportune to express our regrets at breaking ties we have formed here, and to thank our friends and benefactors who have made life tolerable. Waynesville as a community has risen to the opportunities and necessities of the situation which was created by the coming of the hospital. And the reflex effort upon the town itself has not been valueless. For the officers, nurses, patients and Detachment men of the hospital, the generous and whole-hearted friendship that has been given them has made the passing days bright, and has established a body of memories that will not soon be forgotten.

Within our organization itself, it is almost unnecessary to speak of the mutual respect and appreciation which has been evident on every hand, from the Commanding Officer to the lowest rookie. And to everyone who has in any way contributed to these worthy results: Thanks, good wishes, and may we meet again!

INSPECTIONS MILITARY AND
OTHERWISE

We all know what it means to have our uniforms in proper shape for in-

spection, and perhaps many will benefit by the lesson it has taught them when they leave the army and go out into civil life, but a word or two on the subject ought not go amiss. A good appearance counts for more in business life than it does in the army. Uncle Sam has furnished us with clothes that make it easy for us to look well in—and how the clothes do count! Many a fair army bride, who never saw her husband in anything but army clothes is due for the shock of her life when she first sees him in civilian clothes.

The story is told of two men who tried the following experiment. They dressed themselves immaculately and went to a high-priced eating place in New York one night for dinner. The head waiter deferentially received and seated them, the waiter hurried to serve them and gave them the best the place afforded in food and service. When they left the captain assisted them with their coats and told them he hoped they would come again soon. In a couple of weeks these same men put on shabby clothes, went back to the same place for dinner, entered without any but contemptuous attention, seated themselves, and after waiting for about 20 minutes, were sulkily served by an indifferent waiter who gave them indifferent service, eyeing them suspiciously all the while. When they paid their checks they were permitted to leave without being paid the slightest attention by anyone.

Now these men had the same character and money as on the former occasion, but they didn't wear the same clothes, and neither their character or their money could procure for them the respect and attention that their clothes had.

Men judge character, partly, at least, by the style of clothes that you wear. Your uniform, if properly cared for, will get you an audience when it is barely possible that your civilian clothes may not, but remember this when you do put on civilian clothes, and especially if you are applying for a position, see that they bear inspection.

When you are poorly dressed you naturally shrink from facing other people; you are at a disadvantage; you will instinctively meet men on terms of inequality when you ought to meet them on terms of equality. Every man in civil life has something to sell—his services, his ideas, or his wares. Some men wonder why other men put it over with less effort. One reason is that the successful man appears successful. Business men will take you at your face value and

clothes help to make or mar that value.

It will be a pretty good question to ask yourself, in the army or out: Do I really look what as I am? Do I stand inspection?—L. B. G.

GO EASY!

Before many weeks go by a number of patients now at this hospital will either be discharged or returned to duty. The ward surgeon then will have completed his duty in making you practically a well man. Your responsibility starts where his stops, and it is up to YOU to see that you do not relapse into carelessness that will eventually bring you back into the hospital.

You need not go around looking like a broken-down Ford with the fifth wheel missing. Enthusiasm will not hurt you, in fact it is essential to your happiness, but keep your hand on the throttle and don't turn it on too strong.

There are many things that you can do, and there are some things that you cannot do, so be careful that you do not aim at marks beyond your physical artillery. There will be positions awaiting you that will not conflict with your physical condition if you take the trouble to look for them. Don't try to do the work of a giant for you can't do it—but you can do a man's work if you go easy.—E. J. F.

VALENTINE PARTY

An enjoyable Valentine party for the enlisted men of the hospital and their friends was held last Friday evening at the home of Mrs. Ben Edwards on Branner avenue. The party was under the auspices of the Christian Endeavor Society of the Presbyterian Church. Progressive heart dice was the principal form of pastime. Music and other features contributed to a general good time. Refreshments of sandwiches, cake and coffee were served.

PATIENT'S WIFE DIES

Mrs. Douglass, wife of Private Ben H. Douglass, a patient in the Annex Ward, died this week under peculiarly distressing circumstances. Her husband, who has been a member of the Regular Army for 21 years, received his disability discharge on the day of his wife's death. It had been expected for some time, previous. His home is in Maryland, and he has two small children, who with a brother, accompanied the body home. Private Douglass has the sympathy of all.

DETACHMENT NOTES

"AMONG THE MISSING."

Each day the duty roster at this post becomes smaller. Hardly a day passes but some one has received his discharge, leading us all to believe that it is easier to get discharged than it is to get furloughs. It seems that most everyone who applies for a discharge receives it, except possibly you and I and Mason.

When this outfit leaves here for Camp Wadsworth or wherever they may decide to ship us, we will leave here without the following men:

Sgt. 1st Class Ray S. Mitchell,
 Sgt. Chris Kautz,
 Corp. Morris C. McGlasson,
 Cook Joe L. Hearn, Jr.,
 Pvt. Claude A. Frederick,
 Pvt. Joseph Badkik,
 Pvt. Wellington H. Brown,
 Pvt. Joseph Fimano,
 Pvt. Edward H. Juengling,
 Pvt. Frank M. Kennedy,
 Corp. Isaac J. Hughey,
 Pvt. John Moore,
 Corp. Fred M. Hill,
 Pvt. 1st Cl. Wm. L. Farnell,
 Pvt. John M. Lursema,
 Pvt. Raymond L. McVey,
 Pvt. Walter T. Donahue,
 Pvt. Richard H. English,
 Pvt. M. Stoltz,
 Cook Clyde W. Vize,
 Pvt. 1st Cl. Leonard J. Flood,
 Pvt. Frank E. Probst.

Sergeant Mitchell, was well known to everyone here for his good nature. "Mitch" was a favorite among the detachment, nurses, officers, and patients. He was in charge of the Dispensary, and many a trip the boys made to the dispensary without notifying the O. D. for pills and doses of various kinds. Sergeant Mitchell had the confidence of all and his advice was welcomed by all of the boys. The sergeant's home is Fairfield, Maine, and before entering the service he was the proprietor of one the best-known drug stores in his end of the state. He is the proud father of a five-year-old girl. The best wishes of the detachment go with him. We are all sorry indeed to part with him.

Frederick has been assistant to Sergeant Sweet in the Adjutant's Office during most of his stay and through efficient services rendered and a bright disposition made many friends throughout the Detachment and also among patients, officers and nurses.

Chris Kautz is known to everyone,

Detachment, patients, staff and townspeople. The sergeant established quite a reputation for his all-around ability, from M. P. to running the steam roller. Besides his many friends' missing him here, there is one dormant object, considered a part of this post, that will always regret his going, that object being "Big Tessie." "Big Tessie" is the large steam roller which was handled by Kautz in spite of the fact that it was in the ditch most of the time. Kautz is a Quartermaster Seaman, and had a good position waiting for him which he is anxious to get to work at.

* * *

The Seven Wonders of This Hospital

Wonder when we're going home?
 Wonder if there's anything doing in town tonight?

Wonder if any more patients are coming in?

Wonder when this hospital will close?

Wonder when we'll be discharged?

Wonder if the nurses will give another minstrel?

Wonder if my affidavit will be accepted?

* * *

Our Adjutant recently made a remark that 80% of the boys when released will be tired of the farm in the short period of two weeks and will re-enlist. How do you feel about it? Are you one of the 80 or one of the 20? Don't all speak

at once. Address communications to Detachment Editor, Bombproof. Yes, it is all confidential.

* * *

Once again "Wildman Willie" McBride of the Police Force, who is now taking Chief Mitchell's position in town as Police Force, owing to the Chief's illness, comes to the front with this one. Mac says he was standing up-town one day, and two beautiful girls came along. One started to flirt with Willie, and as usual he had to be queered. He says as soon as the other girlie saw her friend flirting with Willie, she said, "You mustn't flirt with that fellow, Janie." Janie asked why, and the jealous one of the two replied, "Can't you see those two letters on his arm? They mean MARRIED PRIVATE." Some one is continuously taking the joy out of life for Willie.

* * *

Don't pick out your civilian clothes yet. You haven't been discharged. Of course, it is to be expected that you will take your suit of fatigue clothes home with you for remembrance.

* * *

Sgt. Mitchell: Good by Waynesville, hello wife.

* * *

Wanted A Man.

The hospital has 77 hogs to be driven overland to Spartanburg, S. C., apply to Lieut. Lewis.—Adv.



Prominent Detachment Members on a Recent Hike.

THE WHITE GUARD

A Department Conducted by the Nurses

The nurses failing in their efforts to have a walk built to the Howell House, would like to know if it would be permissible to have a private escort.

—o—

The following nurses left yesterday for Camp Zachary, Taylor, Kentucky, to report for duty: Misses Sheehan, Morris, Yeager, Palmer, Klay, Hogue.

The nurses remaining here are still singing, "Where Do We Go From Here, Girls?"

—o—

Things That Never Happen.

The Chief out of humor
Kinger in a hurry
Griffin without a date
Merry not talking
Begg without a hammer
Evers unable to Reid
Nelson eating with the night nurses
Cassidy out of bed after 7:30 P. M.
McGinnis satisfied
Loney with any ambition
Donovan unable to dance
The nurses enjoying their morning coffee.

VOCATIONAL BOARD COMPLETING WORK HERE

The Federal Board for Vocational Education, through its local representatives, has been busy for the past week completing the work of interviewing patients at General Hospital No. 18, prior to their discharge or transfer. All questionnaires and records of all men who may either be discharged or transferred to other hospitals are being filled out, in order that the files of the Board may have complete information on those who are eligible for future vocational training, or compensation. Captain Sam Bucklew was here for several days this week following up the work that had been previously done by Messrs. Duggan and McLaurine, and is getting in touch with all remaining patients. The branch office of the Board for the Fifth District is located in the Forsyth Building, Atlanta, Georgia, and information may always be obtained by correspondence with that office or with the central office of the Board at Washington, D. C.

Miss Fotheringham, our dietitian, left Tuesday for her home in Buffalo on a twenty days' leave of absence. We hope our little militant friend will be able to elude the authorities at Washington on her return, but we will probably have to welcome her in another camp.

—o—

With Apologies to Bobby Burns.

Oh! Waynesville roads are muddy,
Wherever falls the rain.
It was here the Red Cross sent me;
They thought I was insane.
They thought I was insane,
And ne'er forget will I
The first glimpse I had of Waynes-
ville,—
I could lay me down and die.

The roads are like young rivers,
O'er walks we ne'er can gloat,
For each time we start for duty
We wish we had a boat,
We wish we had a boat,
And ne'er forget will we
How we prayed for life preservers
Lest we drift out to sea.

INFLUENZA STATISTICS FOR HOSPITAL PUBLISHED

The following statistics of the epidemic of influenza of last fall are published with the permission of the Commanding Officer. They are taken from the history of the hospital.

During the epidemic there were 110 cases of influenza at the hospital. These were divided as follows: Officers, 1; duty nurses, 9, of which two were pneumonia cases; patients, 38, of which 7 were pneumonia cases and five deaths occurred; Detachment men,

Since the opening of the Nurses' Ward, there have been many changes, but one thing has never changed—and that is, the kind consideration with which we have been treated in this Hospital.

We, sick nurses, as we leave No. 18, wish to take this opportunity of thanking our Commanding Officer, Major Turnbull, our Chief Nurse, Miss Rutherford; our Chief of Staff, Major Watterson; our most patient Ward Surgeon, Captain Buck; and last, but not least, Miss Retta Pinney—the "best of nurses," who has untiringly shouldered the burden of duty in the Nurses' Ward, and who does so much to improve conditions, and add to our comfort and happiness in this, our little "home" in the middle of "No Man's Land." Miss Thompson, too, has "woven" her way into all hearts, and we have enjoyed the fruits of her labors as much as the oranges and jam she has so liberally given us.

—o—

Who spreads the aroma of boiled tea and grease now?

Stynes, where art thou working?

62, of which 10 were pneumonia cases and three died.

Twenty-eight cases were patients, who had activity. Of these six, or 21 per cent. had pneumonia, and four of the latter died. There were 10 cases in which activity had become quiescent. Of these one, or 10 per cent. had pneumonia, and died. Seventy-two were without other disease. Of these 12, or 16 2-3 per cent., had pneumonia, and three died.

Secretary R. E. Sentele who was sent here to do Y. M. C. A. work has been transferred to the army hospital at Azalea. His family will live in Asheville.

White Sale Now Going On

. . . AT . . .

THE PARIS

**BATTLE-SCARRED VETERANS
OF GENERAL HOSPITAL NO. 18**

The above mentioned veterans of this hospital are namely Quartermaster Sergeant William M. Shoop, Sergeant John P. McClain, and Sergeant John R. Witt. Read on, all you fellows who are under the impression that you have been imposed on by Uncle Sam for having been kept at this hospital as long as you have.

Sergeant Shoop is known to every officer, nurse, enlisted man and civilian employee around this post for his everlasting wit, unequaled disposition, and also for the many favors he has done in regards to clothes, transportation, pay, and the thousand other things it is the misfortune of Shoop to be questioned about. It is remarkable for a day to pass for the sergeant that he is not asked at least 75 times about either pay, ration money, clothing and so forth. Busy as he is, however, a satisfactory answer is always the result. Among the enlisted men and officers, not to mention nurses, Sergeant William M. Shoop is one

of the most popular men who draws pay at this post. Sergeant Shoop honors the town of Peoria, Ill., with his residence. He enlisted in Chicago, October 13, 1917, and was sent to Camp Johnston shortly afterwards.

Sergeants McClain and Witt were also great factors in the making of this hospital, as to Sergeant McClain were left the worries of plumbing. John P. is familiarly known as "Mac." During his recent misfortune of bronchial trouble, which gave Mac a forced vacation in the hospital, it was quite evident that he was greatly appreciated both in friendship and when it came to the numerous "jobs," and it is hardly to be wondered that the "sarge" has so many well-wishers, for any man who can stand being called out of bed on a cold night, to have some break adjusted, without cussing, must naturally have a wonderful disposition. When Mac first started to look over the hospital for work, he made up his mind right then and there that all the leaks were not in Washington. He had no trouble finding work and once he started that uncompleted schedule, he decided he

needed several assistants. After getting permission from the C. O. to use a few of the limited number of men on duty, Mac looked over the service records and found that the three men chosen had never handled a wrench in their varied careers. Naturally Sergeant John P. had another item on his hand, but he had to overcome that simple matter. From the boys who are his bunk-mates, we learn that Mac seldom takes a nap but that some one is knocking at the door with the information that a pipe is "busted," which of course, affords him much pleasure. Philadelphia has Sergeant McLain on its honor roll and should be well proud of men like him. He enlisted in November, 1917, and was sent to Fort Slocum, N. Y., and shortly afterwards to Camp Johnston.

Everyone knows of Sergeant John R. Witt and the work which he has been performing at this hospital, in the Main and Annex building, throughout the tent colonies, and in the vari-

Boys, Keep Your Insurance!

The Bureau of War Risk Insurance is going to make it easy for soldiers and sailors to keep as much as possible of their Government insurance. Your present certificates may be continued for five years from your discharge, and at any time during that period they may be converted into one of the four different forms of regular insurance without further medi-

cal examination at rates indicated below, which are from 10 to 20% lower than you would pay in private companies. The advantages of the Government insurance are many and obvious. Any information or explanation you may need can be secured by addressing Bureau of War Risk Insurance, Conservation Section, 301 Southern Building, Washington, D. C.

Specimen Rates Per \$1,000 Insurance

Age	Month	Ordinary Life		20-Payment Life		20-year End.		30-year End	
		Annual	Mon.	Mon.	Ann.	Mon.	Ann.	Mon.	Ann.
20	\$1.15	\$13.58	\$1.76	\$20.79		\$3.31	\$39.10	\$2.06	\$24.33
25	1.25	15.24	1.91	22.56		3.33	39.34	2.09	24.69
30	1.47	17.36	2.10	24.81		3.36	39.69	2.15	25.40
35	1.70	20.08	2.33	27.52		3.41	40.28	2.24	26.46
40	2.01	23.74	2.62	30.95		3.51	41.46	2.41	28.47
45	2.43	28.71	2.99	35.32		3.68	43.47	2.68	31.66
50	3.01	35.56	3.50	41.34		3.98	47.01	3.14	37.09

HUNGRY?

Go to JONES' CAFE. The best of everything to eat

Cooked and served clean. Prices reasonable.

J. H. Jones' Cafe

Good Coffee a Specialty

--

Near Depot



"Veterans"

ous Nurses' Quarters. When any one says "Give us light," the Sergeant is always "Johnnie on the spot," and you can bet all you have that if there is any way of producing that thing, Witt will do it. Speaking of wit, he has plenty of it. His pleasant smile and cordial manner has gained him many friends, which was also quite evident during his recent stay in quarters due to a badly swollen knee. Sergeant Witt hails from Bluefield, West Virginia, which is some town if all its inhabitants are like him. His favorite sport is tennis. How well he plays can be better explained by Sergeant Shoop. Witt can be heard all over this camp when there is anything humorous happening or being told, for his laugh is a hearty one. He enlisted at Roanoke, Va., Dec. 11, 1917. From there he was sent to Chicago for mobilization, and was then sent to Camp Johnston.

A BACTERIOLOGICAL BALL

BULLETIN OF ORDERS

SPECIAL ORDERS

No. 218.

1. Leave of absence of fifteen days, with pay and allowances, is hereby granted Nurse Christel W. Knight, A. N. C., effective on or about February 6, 1919.

SPECIAL ORDERS

No. 219.

1. Pursuant to authority contained in 2nd. Ind. W. D., A. G. O., dated February 4, 1918, Corporal Earl M. Strasser, Co. M.. 5th Inf., is relieved from observation and treatment at this hospital and will proceed to Denver, Colorado, reporting upon arrival thereat to the Commanding Officers for further observation and treatment.

2. Pursuant to authority contained in 2nd Ind. A. G. O., dated February 3, 1919, Private Joseph R. LeForte, 25th Co., C. A. C., is relieved from observation and treatment at this hospital and will proceed to General Hospital No. 12, Biltmore, N. C., reporting upon arrival to the Commanding Office for further observation and treatment.

SPECIAL ORDERS

No. 220.

1. In compliance with par. 49, Army regulations, a leave of absence of five days is hereby granted to Captain Edward P. Eggle, M. C., to take effect on or about Feb 10, 1919.

2. Captain Cyrenius A. Newcomb, M. C., is hereby appointed Urologist, Police and Sanitary Officer, vice Lieut. Jacob H. Rozelle, M. C., discharged.

SPECIAL ORDERS

No. 221.

2. Private 1st Class William R. Dah'man, M. D., on detached service at this hospital, having completed his duties, will return to his proper station, General Hospital No. 12, Biltmore, N.C., and report upon arrival thereat to the Commanding Office for duty.

3. A leave of absence of twenty days, accrued, with pay and allowances, is hereby granted to Dietitian Margaret M. Fotheringham, effective on or about Feb. 11, 1919.

4. Leave of absence of eleven days,

(Continued on page 12)

A gay bacillus to gain his glory
Once gave a ball in a laboratory.
The fete took place on covered glass
None but the cultured were invited,
For microbe cliques are well united,
They tightly closed the ball room doors
To all the germs containing spores.

The diplococci first came in view
And ranged themselves as two and
two.

The streptococci next appeared
And ranged themselves in single pairs.
The staphylococci took great pains
To range themselves in graceful
chains.

The pneumococci, stern and haughty,
Disclosed the gonococci naughty,
And said "they would not stay at all"
If they were present at the ball.

The ball took place; the mirth ran
high,
With never a thought of danger nigh.
Each germ enjoyed himself that night
With never a fear of a phagocyte.
T'was gett'ng late and some were
loaded.

When a jar of formalin exploded
And drenched the happy swindling
mass

Who covered that fatal covered glass.
Not one survived, but perished all
At the bacteriological ball.

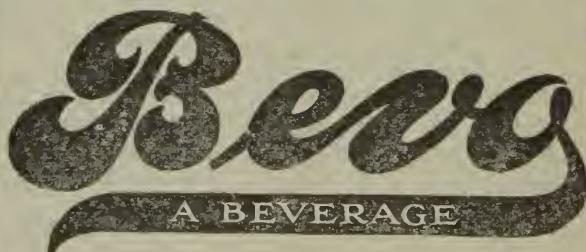
Did You Ever Stop to Think?

Pepsi-Cola

Is a Food Drink

1. Nutritious--because of its sugar content.
2. Wholesale--because of its gas content.
3. Refreshing--because of its flavoring content.
4. Appetizing--because of its satisfying content.
5. Sanitary--because in a hermetically package.

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The Best of all Cereal Beverages Now
15 Cents per Bottle

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Lower the Quality



ELLIS & BEADLES

Wholesale Distributors

Asheville, N. C.

A. L. A.

The well-known preference of our greatest statesmen, President Wilson and former President Roosevelt, for detective stories to while away hours of leisure or convalescence, is interesting to us commoner folk to whom detective stories are one of the favorite forms of fiction. Of course a detective story, whether its purpose be mind-training or entertainment, must be a good one, logical in its working out, economical of material, with no irrelevant data, and sustaining its interest and postponing its unraveling to the very end. And one who takes the trouble to look will find plenty of such books in our Hospital Library, from the classics of the type down to the best selling mysteries of the day.

The detective story, despite its extensive development in England and France, is really an American product, for our own Poe, whose influence on continental literature was so potent, has furnished the source of the two great types of detective story—the solution of crime, and the mysterious adventure story—in "The Murders in the Rue Morgue" and "The Gold Bug," both of which, together with many other fascinating ones, are to be found in the volume of "Tales of Imagination and Horror." The former shows the workings of the Parisian police system; the latter is the first of many based on the untangling of a secret code.

But although finding his inspiration in Poe and the Frenchmen, Sir Arthur Canon Doyle of Great Britain, has made secure his claim to permanent fame as the foremost writer of detective stories. He is not a great novelist but it is a fair question whether Sherlock Holmes is not the best-known, if not the most vital figure in contemporary English fiction. Beg'nning with the original collection,

"The Adventures of Sherlock Holmes," the Hospital Library contains most of the subsequent books in which the great detective has made his reappearance, "The Hound of the Baskervilles," "A Study in Scarlet," and the latest, dealing partially with German espionage activities, "His Last Bow." Sherlock, like Adelina Patti and Sarah Bernhardt, is always making farewell tours, but it is to be hoped that he will live and continue active in the detective world for many years to come.

E. W. Hornung, with his famous character of "Raffles," the gentleman burglar, and Hanshaw's "Cleek," the government detective, follow in Doyle's footsteps. Many like Phillips Oppenheim's tales of court'y intrigue, "The Vanished Messenger," "Pawns Count," and "The Lost Ambassador." In France, Gaboriau is the best-known detective writer. "File No. 113," is his typical story. Maurice Leblanc has created another hero-criminal in Arsene Lupin, who figures largely in "The Crystal St'pper," "The Hollow Needle," and "The Teeth of the Tiger" and Gaston Leroux's "The Mystery of the Yellow Room" should not be forgotten.

Com'ng over to America again, we have a multiplicity of writers and a score of different varieties. Perhaps our leading "tec" writer is Arthur B. Reeve, whose Craig Kennedy stories have in recent years won him as much fame as Holmes did for his creator. The latter was of the old school, purely "mental" type of detective, whose aim was marked with many needle-pricks, who played eerie tunes on his fiddle, and sat smoking for days at a time, finally evolving his theory and going out to verify it. Craig Kennedy, however, is a scientist and experimentalist, who unravels crime by laboratory studies, and brings to bear all the forces of chemistry, physics, biology and psychology in the solution of his problems. "The Poisoned

Pen" and "The Dream Doctor" are typical. Edwin Balmer and William McHarg have written somewhat similar stories on a purely psychological basis. But their latest, "The Indian Drum," is a western mystery story, without the detective element. Samuel Hopkins Adams is the originator of "Average Jones, Ad-Visor," a distinctly new type who gets his results chiefly from newspaper advertising. And for Oriental mystery, at its deepest, Sax Rohmer's "Dr. Fu-Manchu" stories have yet to be equaled. Then there are our old stand-bys, Anna Katherine Greene and Mary Roberts Rinehart, whose stories, "The Filigree Ball" and "The Man in Lower Ten," have set the fashion for many years of society detective story. Many other authors are represented, of whom it is impossible to more than mention names: Pidgin, Moffatt, Clouston, Elliott, Stewart Edward White and Harold MacGrath.

No longer need we pine for home news, since we can read our own home papers, at the Hospital Library, or, if our special town happens not to be included, at least we can find the paper of a nearby city. From Seattle and San Francisco to New York and Boston the list extends, including such papers as the Denver Rocky Mountain News, the Louisville Courier-Journal, the St. Louis Globe-Democrat, the Kansas City Star, the Oklahoma City Times, the Washington Post, the Birmingham News, the Cincinnati Enquirer, the Atlanta Constitution, the New Orleans Times Picayune, the New York Times and the Boston Transcript.

It may be of interest to some to know that several Yiddish newspapers and magazines are regularly received and are on file at the Red Cross Library, where all the newspapers and periodicals are kept.

(Continued on page 10)

GOOD EATS

Just across the bridge from the Post Exchange. General Hospital, No. 18, boys will always find a welcome here. Come once and you will come again. I also prepare and serve GAME for the boys.

O. A. YOUNT

HYATT & CO.

Manufacturers and Dealers in
BUILDERS MATERIAL
FEED AND COAL
"Quality, Price, Service"

WAYNESVILLE, N. C.
Phone 43 - - - Depot Street

MANY SOCIAL AFFAIRS
BRIGHTEN LAST DAYS

The last few days of the life of General Hospital No. 18 as a unit are being made bright for the soldiers, officers and nurses by numerous delightful social affairs.

Last Saturday evening a big dance was held at the Gordon for everybody. Monday evening, the Hawaiian singers and players being the attraction at the Waynewood Theatre, the opportunity was too good to lose and the troupe was secured to furnish the music for another terpsichorean festival. It seemed as if every one was there, and the townspeople turned out in numbers to enjoy the occasion and the well-nigh perfect dance music. The playing was as pleasurable a feature as the dancing. The players were present at the hospital Tuesday morning to entertain the patients in the Annex building. Last night a big Valentine party was held at the Red Cross House, to which every one was admitted. And tonight a general open house will be held, with a program of music, readings and interpretive dances, following which dancing will be open to all. Altogether, no one who is seeking social good time tiveneed be disappointed.

A. L. A.

(Continued from page 9)

The Library has lately received an assortment of French and Italian books. The Italian constituency of our hospital are proving eager readers of the latter.

Other new books received are an attractive edition of Everyman's Encyclopedia, the World Almanac for 1919, an up-to-date Webster's Collegiate Dictionary, as well as some most convenient pocket dictionaries of recent date with gazetteer and maps appended, bird books of local interest, a history of Waynesville and vicinity, written by our Mr. Allen, of the Red Cross, and full of interesting historical data. Kipling's poems, a collection of recent magazine verse compiled by W. S. Braithwaite, and new fiction by Oppenheim, Wright, LeBlanc, Bindloss, Burroughs and others.

DIVINE SERVICES

Mass will be celebrated at 9 o'clock Sunday, February 16, in the Red Cross Building.

Rev. John B. Mullin, Chaplain.

PRESENT STATUS OF
UNIFORM CONTROVERSY

The present law authorizes a discharged officer or soldier to wear his uniform from the place of discharge to his home, within three months of the date of his discharge from the service. Thereafter the officer may wear his uniform only upon occasions of ceremony.

The enlisted man must return his uniform within four months of date of discharge; but can wear it only as stated above.

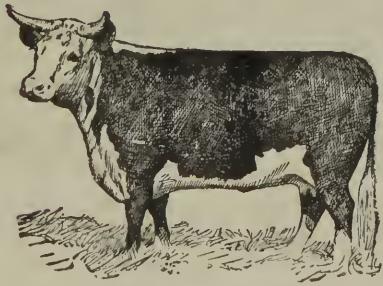
An act is now before Congress, which, if passed, will authorize enlisted men to keep the uniform which they are permitted to wear home, and to wear that particular uniform only, provided some distinctive mark or insignia to be issued by the War Department, shall be worn.

It will thus be clearly seen that neither under the existing or proposed law, will a discharged soldier be permitted to wear uniforms made by civilian or other tailors. They may legally wear only the uniform which they have been permitted to retain.

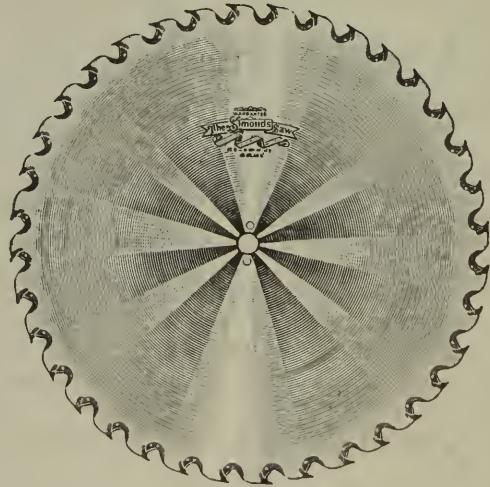
General Peyton C. March, chief of staff of the army, directed last week that no person be permitted to solicit orders for, or deliver uniforms to sol-

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"CAROLINA SPECIAL"

"The Ice Cream Supreme"



CAROLINA CREAMERY CO.
Superior Milk Products.



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U. S. A. GENERAL HOSPITAL

No. 18

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VA. FISH AND OYSTER CO.
ASHEVILLE, NORTH CAROLINA

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C. G. LOGAN
Auto Company
Garage

FOR THE BEST

Shoe Work

—Come to—

Champion
Shoe Shop

L. E. Smith, Prop.

SHOES

SOLDIERS!

If you are going home on a furlough
and want a nice pair of shoes, see us.
We are the folks that can suit you.

Lee & Brown
Company

**Soldiers
on Furlough**

We have an assortment of
STEAMER TRUNKS and SUIT
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At reasonable prices
We are agents for Edison Phonographs and Records. Give us a call.

**Blue Ridge
Furniture Co.**

**THE
Mountaineer-
Courier**

is the leading weekly
newspaper in this
end of the state.

\$1.50 the Year

A good advertising
medium.

**CRYSTAL CAFE
SYSTEM**

No. 1—32 Patton Avenue
No. 2—56 Patton Avenue
No. 3—16 N. Pack Square

Asheville, North Carolina

LETTER TO MAJOR WATTERSON DESIBRES GERMAN TRENCHES

(Continued from page 2)

looking for all the world like an enormous coiling serpent. They have numerous communicating boyaux. From these trenches extending deep below the surface were sleeping and living quarters and dining halls and kitchens, lavatories, magazines, officers' quarters, bureaus and tunnels galore, all lined with cement and provided with stoves and usually illuminated by electricity. These trenches were indeed more comfortable and habitable than many a place which I was forced to occupy. It required a shell of a very large caliber to penetrate and destroy them, for the logs of wood, cement, and earthworks were from three to six meters or more in thickness, and all in all they were very formidable. All over the walls and ceilings were numerous caricatures and drawings and inscriptions in German. They were (the trenches) absolutely deserted only for a few ferrets and many birds, for peace reigns where pandemonium wrought havoc. In one of these trenches I found a piece of a French "obus" which probably did its "bit." I am bringing it back with me. I think that I was the first Polish officer that entered the Boche trenches in that part of the country.

Pray accept my best wishes for the merriest of Christmases and the happiest of New Years. As ever,

MAJ. ADAM L. SZWAJKART,
Medicin Chef de 1st gr. d'Artilline,
Polonaise. Secteur postale 28,
France.

BULLETIN OF ORDERS

(Continued from page 8.)

with pay and allowances, is hereby granted Reserve Nurse Addy B. Johnson, A. N. C., effective on or about Feb. 11, 1919.

BOMB PROOF

SPECIAL ORDERS No. 222.

1. In compliance with Special Orders No. 18, par. 2, Headquarters, Southeastern Department, dated January 13, 1919, Major Daniel W. Young, M. C., will proceed to General Hospital No. 12, Biltmore, N. C., for the reconvening of the General Court Martial held thereat. Upon completion of this duty Major Young will return to his proper station.

SPECIAL ORDERS

No. 223.

1. Pursuant to insertions contained in Circular 188, W. D., Dec. 31, 1918, Private Angelis Malachrinides, Co. A, 319th Mch. Gun Bn., is relieved from observation and treatment at this hospital and will proceed to Camp Sherman, Ohio, reporting upon arrival thereat to the Commanding Officer, Convalescent Center, for treatment and training.

2. Pursuant to instructions contained in letter S. G. O., dated Feb. 7, 1919, the following named nurses are relieved from duty at this hospital and will proceed without delay to U. S. Army Base Hospital, Camp Taylor, Kentucky, reporting upon arrival thereat to the Commanding Officer for duty:

Nurses—Harriet C. Morris, Hannah May Sheehan.

Reserve Nurses—Anna K. Yeager, Sarah K'lay, Mabel Palmer, Kate S. Houge.

PATIENTS' LAUNDRY TO

BE DONE BY HOSPITALS

The War Department authorizes the following statement from the office of the Surgeon General:

Changes in the manual of the Medical Department announced by the Surgeon General of the Army provide for the washing of all soiled clothing of patients in all Army hospitals in this country or in France as a part of the "hospital laundry," and therefore to be taken care of by the hospital authorities.

Paragraphs 222 and 267 of the Manual have been changed so as to define the hospital laundry as "the washable clothing of patients under treatment in hospitals," and to further state that "the soiled clothing of patients will be washed as a part of the hospital laundry."

Notification of these two changes has been sent to all department surgeons, camp surgeons, surgeons at independent posts, at ports of embarkation, to all general and base hospitals, and to the chief surgeon, American Expeditionary Forces, France. It is going to make a good bit of difference in the hospital laundry bills, but it is going to make so much more difference in the feelings of patients that the medical department deems it well worth while. "Clean clothes for everybody" is the hospital slogan from now on.

"Cavatex" Cuff Leggings

The Manufactures of these Leggings guarantee them to be absolutely waterproof and warrant them to retain their shape.

—ASK TO SEE THEM AT—

McCRACKEN CLOTHING CO.

"One Cash Price"

SOLDIERS OF THE U. S. A. The Royal Cafe

can and will give the best EATS in town at REASONABLE PRICES. Or we will make up lunches and send them out.

PHONE ORDERS TAKEN

A Laundry That Offers a Double Service

THE MODEL WHITE STEAM PRESSING CLUB CAN GIVE EFFICIENT SERVICE IN LAUNDRY WORK AND IN CLEANING AND PRESSING. THE LAUNDRY IS CLOSE TO THE HOSPITAL, BEING ONLY A STONE'S THROW FROM THE OFFICERS' QUARTERS WHILE OUR CLEANING AND PRESSING ESTABLISHMENT IS IN TOWN, RIGHT ACROSS MAIN STREET FROM THE POST OFFICE

Pressing

AT our cleaning and pressing rooms we have every facility for cleaning uniforms as well as civilian clothing. We can clean khaki by a process that leaves the cloth almost the original color. The pressing is done by hand and machine, and we have an expert seamstress to do the sewing and mending. Here we have facilities for making uniforms and civilian clothing. Give us a trial.

Laundry

IN our laundry we can clean almost anything from handkerchiefs to O. D. blankets. The modern methods and up-to-date machinery thoroughly cleanse the cloth without injuring or tearing its texture or shrinking the material. The work is carefully done from the time the clothes come inside the building until taken away. The white auto is our delivery wagon. Send your clothes by it or bring them.

Model White Pressing Club and Steam Laundry

LAUNDRY: KILLIAN STREET

PRESSING CLUB: MAIN STREET (Opposite Waynesville Hotel)
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Haircutting and Washing
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This is what we do and in the most skilled and sanitary methods in Waynesville.

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See Our Big Shoe Stock

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Or will you look back and feel the
vain regret of not having saved?

We offer every encouragement to
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